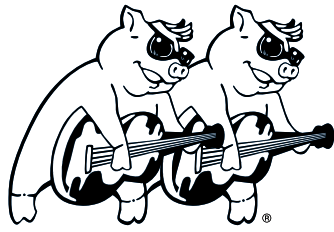


**RED HOT & BLUE**  
Barbeque, Burgers & Blues

# Nutritional Information

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat	Trans Fat (g)	Sodium (gm)	Fiber (g)	Total Carbs (g)	Protein	Allergens	Egg	Fish	Milk	MSG	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Other Gluten
<b>Starters</b>																						
Smokin' Buffalo Wings, 10	1	1046	764	85	18	0	1325	0	28	38		N	Y	N	N	N	N	N	Y	N	N	N
Nachos, with Beef Brisket	1	1156	573	64	29	0	3522	11	93	60		N	N	Y	N	N	N	N	Y	N	Y	N
Nachos, with Chili	1	1005	463	51	25	0	3082	15	103	40		N	N	Y	N	N	N	Y	Y	N	Y	N
Nachos, with Pulled Pork	1	1131	576	64	29	0	2726	11	93	54		N	N	Y	N	N	N	N	Y	N	Y	N
Nachos, with Pulled Chicken	1	1051	473	53	25	0	2743	11	93	58		N	N	Y	N	N	N	N	Y	N	Y	N
Catfish Fingers	1	592	174	19	21	0	5115	5	75	30		N	Y	N	Y	N	N	N	N	N	N	N
Shakin' Bacon Cheese Fries	1	2440	209	60	31	0	5915	10	106	71		N	N	Y	N	N	N	N	N	N	Y	N
<b>Salads</b>																						
Texas Smokehouse Salad	1	668	321	36	15	0	1424	6	36	52		N	N	Y	N	N	N	N	Y	N	Y	N
Grilled Chicken Caesar Salad	1	771	417	46	7	0	2326	4	47	47		Y	Y	Y	N	N	N	Y	N	N	Y	N
Pulled Chicken Salad	1	295	72	8	2	0	346	5	14	40												
Southern Fried Chicken Salad	1	708	278	31	7	0	2244	7	60	49		Y	N	N	N	N	N	N	Y	N	Y	N
Caesar Salad	1	610	379	42	7	0	1749	4	47	17		Y	Y	Y	N	N	N	Y	N	N	Y	N
<b>Soups and Stews</b>																						
Brunswick Stew, Cup	1	119	25	3	1	0	365	2	17	7		N	Y	Y	N	N	N	Y	Y	N	Y	N
Brunswick Stew, Bowl	1	238	51	6	2	0	730	3	34	14		N	Y	Y	N	N	N	Y	Y	N	Y	N
Award-winning Chili, Cup	1	277	101	11	5	0	1070	6	29	15		N	N	Y	N	N	N	Y	Y	N	Y	N
Award-winning Chili, Bowl	1	527	183	20	8	0	1965	13	58	29		N	N	Y	N	N	N	Y	Y	N	Y	N
Idaho Pig	1	771	247	27	9	3	2274	8	11	20		N	Y	Y	N	N	N	Y	Y	N	N	N
Idaho Pig, with Beef Brisket	1	891	313	27	9	3	2707	8	111	20		N	Y	Y	N	N	N	Y	Y	N	N	N
Idaho Pig, with Chili	1	860	269	30	9	3	2700	11	121	27		N	Y	Y	N	N	N	Y	Y	N	N	N
Idaho Pig, with Pulled Chicken	1	838	263	29	9	3	2317	8	111	32		N	Y	Y	N	N	N	Y	Y	N	N	N
Idaho Pig, with Pulled Pork	1	878	315	35	12	3	2309	88	111	30		N	Y	Y	N	N	N	Y	Y	N	N	N
<b>BBQ Sandwiches</b>																						
Pulled Pork	1	371	136	15	4	0	504	1	37	24		N	Y	N	N	N	N	N	Y	N	Y	N
Pulled Chicken	1	298	46	5	1	0	516	1	37	27		N	Y	N	N	N	N	N	Y	N	Y	N
Ribwich Combo	1	683	353	39	13	0	684	1	42	42		N	Y	N	N	N	N	N	Y	N	Y	N
Carolina Chopped Pork	1	358	136	14	4	0	561	1	34	23		N	N	N	N	N	N	N	N	N	Y	N
Texas Beef Brisket	1	390	134	15	5	0	1198	1	37	29		N	Y	N	N	N	N	N	Y	N	Y	N
Smoked Sausage Sandwich	1	703	336	37	13	1	1789	4	60	30		N	Y	Y	N	N	N	Y	Y	N	Y	N
<b>BBQ Platters</b>																						
Five Meat Treat	1	937	565	63	23	0	1529	1	15	74		N	Y	Y	N	N	N	Y	Y	N	N	N
Memphis Half Chicken	1	617	134	15	4	0	1885	0	12	103		N	Y	N	N	N	N	N	Y	N	N	N
Smoked Sausage	1	967	610	68	25	1	2899	2	36	46		N	Y	Y	N	N	N	Y	Y	N	N	N
Pulled Pork	1	326	186	21	7	0	247	0	7	29		N	Y	N	N	N	N	N	Y	N	N	N
Pulled Chicken	1	216	43	5	1	0	271	0	7	34		N	Y	N	N	N	N	N	Y	N	N	N
Beef Brisket	1	360	182	20	7	0	1342	0	7	38		N	Y	N	N	N	N	N	Y	N	N	N
Delta Double with Memphis Chicken	1	902	488	54	20	0	1224	0	12	87		N	Y	N	N	N	N	N	Y	N	N	N
Delta Double with Pulled Chicken	1	724	488	50	18	0	425	0	9	56		N	Y	N	N	N	N	N	Y	N	N	N
Delta Double with Pulled Pork	1	794	539	60	22	0	410	0	9	53		N	Y	N	N	N	N	N	Y	N	N	N
Delta Double with Sausage	1	1074	726	81	30	0	1723	1	24	58		N	Y	Y	N	N	N	Y	Y	N	N	N
Tennessee Triple with Memphis Chicken, Pulled Pork and Pulled Chicken	1	1269	634	70	25	0	1662	0	26	127		N	Y	N	N	N	N	N	Y	N	N	N
Tennessee Triple with Memphis Chicken, Sausage and Pulled Chicken	1	1489	821	91	33	0	2675	1	26	131		N	Y	Y	N	N	N	Y	Y	N	N	N

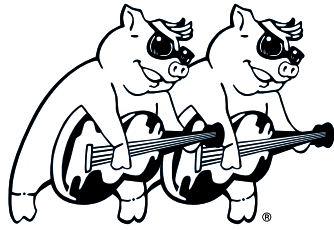


# REDHOT&BLUE

Barbeque, Burgers & Blues

# Nutritional Information (cont'd)

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (gm)	Fiber (g)	Total Carbs (g)	Protein	Allergens	Egg	Fish	Milk	MSG	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Other Gluten
Tennessee Triple with Memphis Chicken, Sausage and Pulled Pork	1	1589	911	101	36	0	2810	1	33	128		N	Y	Y	N	N	N	Y	Y	N	N	N
Tennessee Triple with Sausage, Pulled Pork and Pulled Chicken	1	1441	871	97	35	0	2160	1	38	99		N	Y	Y	N	N	N	Y	Y	N	N	N
<b>Award Winning Ribs</b>																						
Full Slab of Ribs for Two, Half & Half	1	1854	1278	143	54	0	1771	2	28	107		N	Y	N	Y	N	N	N	Y	N	N	N
Full Slab of Ribs, Dry	1	1872	1280	144	54	0	2485	5	28	108		N	Y	N	Y	N	N	N	Y	N	N	N
Full Slab of Ribs, Half & Half	1	1854	1278	143	54	0	1771	2	28	107		N	Y	N	Y	N	N	N	Y	N	N	N
Full Slab of Ribs, Sweet	1	1897	1275	142	54	0	1097	0	44	103		N	Y	N	N	N	N	N	Y	N	N	N
Full Slab of Ribs, Wet	1	1837	1275	142	54	0	1057	0	28	107		N	Y	N	N	N	N	N	Y	N	N	N
Half Slab of Ribs, Dry	1	936	640	72	27	0	1243	2	14	54		N	Y	N	Y	N	N	N	Y	N	N	N
Half Slab of Ribs, Half & Half	1	927	639	72	27	0	885	1	14	54		N	Y	N	Y	N	N	N	Y	N	N	N
Half Slab of Ribs, Sweet	1	948	637	71	27	0	548	0	22	51		N	Y	N	N	N	N	N	Y	N	N	N
Half Slab of Ribs, Wet	1	918	637	71	27	0	528	0	14	53		N	Y	N	N	N	N	N	Y	N	N	N
<b>Southern Entrée Favorites</b>																						
Delta Catfish	1	836	377	42	8	2	3740	2	57	58		N	Y	N	Y	N	N	N	N	N	N	N
Delta Surf & Turf	1	1024	609	68	22	0	2218	-1	38	64		N	Y	N	Y	N	N	N	N	N	N	N
Southern Fried Chicken Crispers	1	761	318	35	8	0	2900	0	50	60		Y	N	N	N	N	N	N	N	N	Y	N
Rib & Crispers Platter	1	1062	612	68	22	0	2089	0	39	71		Y	N	N	N	N	N	N	N	N	Y	N
<b>Burger &amp; Specialty Sandwiches</b>																						
"ALL IN" Burger	1	917	468	52	21	0	896	1	46	67		N	Y	Y	N	N	N	Y	Y	N	Y	Y
Hickory Bacon Cheeseburger	1	973	488	54	21	1	1418	2	60	63		N	Y	Y	N	N	N	Y	Y	N	Y	N
Classic Blues Burger	1	663	285	32	11	0	510	4	44	47		N	N	N	N	N	N	N	N	N	Y	N
Classic Blues Burger, with cheese	1	744	349	39	15	0	652	4	45	52		N	N	Y	N	N	N	N	N	N	Y	N
Hoochie Coochie Cajun Burger	1	788	401	45	19	0	892	1	41	56		N	N	Y	N	N	N	Y	N	N	Y	Y
Fried Delta Catfish Sandwich	1	655	225	25	5	0	2264	4	71	37		N	Y	N	Y	N	N	N	N	N	Y	N
Grilled Chicken Sandwich	1	358	52	6	0	0	879	2	40	38		N	N	N	N	N	N	N	N	N	Y	N
<b>Desserts</b>																						
Banana Pudding	1	394	99	11	5	0	476	1	65	6		Y	N	Y	N	N	N	N	N	N	Y	N
Blackberry Cobbler	1	910	311	34	18	0	733	1	137	10		N	N	Y	N	N	N	Y	N	N	Y	N
Pecan Pie	1	873	375	42	20	1	468	2	115	9		Y	N	Y	N	N	N	Y	Y	Y	Y	Y
Oreo Brownie Sundae	1											Y	N	Y	N	N	N	Y	N	N	Y	N
<b>Southern Sides</b>																						
Potato Salad	1	407	250	28	4	0	747	4	33	6		Y	N	N	N	N	N	N	N	N	N	N
Coleslaw	1	264	202	22	3	0	236	3	13	2		Y	N	N	N	N	N	N	N	N	N	N
Mashed Potatoes, with gravy	1	312	123	14	4	1	1167	4	44	4		N	N	Y	Y	N	N	Y	N	N	Y	N
BBQ Beans	1	253	22	2	1	0	314	10	48	12		N	Y	N	N	N	N	N	Y	N	N	N
Memphis Fries	1	344	172	19	6	0	560	4	38	4		N	N	N	N	N	N	N	N	N	Y	N
Hushpuppies	1	277	118	13	2	0	720	2	36	4		N	N	Y	N	N	N	N	N	N	Y	N
Collard Greens	1	52	15	2	0	0	459	3	7	2		N	N	Y	N	N	N	Y	N	N	N	N
Fried Okra	1	192	69	8	1	0	632	3	29	4		N	N	Y	N	N	N	N	N	N	Y	N
Sweet Potato Fries	1	376	173	19	1	1	462	6	49	2		N	N	N	N	N	N	N	N	N	N	N
Sweet Potato	1	495	3	0	0	0	314	17	114	9		N	N	N	N	N	N	N	N	N	N	N
<b>Breads</b>																						
Dinner Roll	1	152	60	1	1	1	233	3	22	4		Y	N	Y	N	N	N	N	N	N	Y	Y
<b>Beverages</b>																						
Coca-Cola Classic ) 21 fl oz	1	210	0	0	0	0	15	0	58	0		N	N	N		N	N		Y	N	N	N
Diet Cola ) 21 fl oz	1	0	0	0	0	0	30	0	0	0		N	N	N		N	N		Y	N	N	N
Sprite ) 21 fl oz	1	210	0	0	0	0	55	0	56	0		N	N	N		N	N		Y	N	N	N



**REDHOT&BLUE**  
Barbeque, Burgers & Blues

# Nutritional Information (cont'd)

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (gm)	Fiber (g)	Total Carbs (g)	Protein	Allergens	Egg	Fish	Milk	MSG	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Other Gluten	
Dr. Pepper } 21 fl oz	1	210	0	0	0	0	75	0	56	0		N	N	N		N	N		Y	N	N	N	N
<b>Condiments</b>																							
Ranch Dressing, 4 fl. oz.	1	340	260	30	5	0	790	0	18	2		Y	N	Y	N	N	N	Y	N	N	Y	Y	Y
Honey Mustard Dressing, 4 fl. oz.	1	288	168	19	14	0	850	0	24	2		Y	N	Y	N	N	N	Y	N	N	Y	Y	Y
BBQ Ranch Dressing, 4 fl. oz.	1	372	321	36	5	0	622	0	9	3		Y	N	Y	N	N	N	Y	N	N	Y	Y	Y
Mojo Mild BBQ Sauce } 2 fl. oz.	1	40	0	0	0	0	300	0	14	2		N	Y	N	N	N	N	N	N	N	N	N	N
Hoochie Coochie Hot BBQ Sauce } 2 fl. oz.	1	30	0	0	0	0	640	0	8	0		N	N	N	N	N	N	N	N	N	N	N	N
Sufferin Sweet BBQ Sauce } 2 fl. oz.	1	80	0	0	0	0	320	0	22	0		N	Y	N	N	N	N	N	N	N	N	N	N
<b>Kids Menu</b>																							
BBQ Sandwich	1	297	108	13	3	0	460	0	31	21		N	N	N	N	N	N	N	Y	N	Y	Y	N
Kids Burger	1	375	250	23	8	1	520	0	23	17		N	N	N	N	N	N	Y	Y	N	Y	Y	N
Corn Dogs	1	490	352	40	8	0	680	0	22	6		Y	N	Y	N	N	N	Y	Y	Y	Y	Y	N
Love Me "Tenders"	1	500	280	32	10	0	1150	0	30	20		Y	N	N	N	N	N	N	Y	N	Y	Y	N
Creamy Macaroni & Cheese	1	260	122	10	5	0	1520	0	33	11		N	N	Y	N	N	N	N	Y	N	Y	Y	N

Red Hot & Blue strives to provide accurate nutritional information; all data is based on average values for ingredients, however, variations in preparation, serving sizes, product availability, and suppliers, may affect nutritional values.

Red Hot & Blue is committed to the safety and health of our valued guests. Our allergen information contains the most current information available from our food suppliers. Please note that due to shared food preparation and cooking areas, the possibility exists for food items to contact ingredients containing allergens. For this reason, Red Hot and Blue and its employees cannot assume responsibility for their allergen information.

For detailed information on food ingredients, the U.S. Food and Drug Administration has a great site: [www.cfsan.fed.gov](http://www.cfsan.fed.gov). To find out more about food allergies, we suggest: [www.foodallergy.org](http://www.foodallergy.org).